

Sarah J. Selis, PA-C

PROFILE:

Ambitious, compassionate, and dedicated Physician Assistant in the Orthopaedic field. Engrained with a detail-oriented and punctual work ethic. Demonstrates valuable operating room and outpatient clinical skills enhanced by ability to establish rapport with patients and family members.

EDUCATION:

King's College, Wilkes-Barre, PA

Master of Science in Physician Assistant Studies

8/2011- 8/2013

Lyman Briggs College- Michigan State University, East Lansing, MI

Bachelor of Science in Human Biology

8/2006- 8/2010

PROFESSIONAL EXPERIENCE:

Orthopaedic Associates of Michigan

8/2020- Current

Providing orthopaedic care for both the sports medicine and total joints teams.

Spectrum Health Medical Group

8/2018- 1/2021

Was a team member for the total joint reconstruction at Spectrum Health. Evaluating and treating new, established and post-operative patients. Providing on-call services for the outpatient setting and daily rounding at the hospital. Ample experience in performing aspirations, steroid and viscosupplement injections. Transitioned to a per-diem 4/2020 status to better suit work-life balance.

DMC Sports Medicine

7/2016- 6/2018

Provided comprehensive patient care in sports medicine. First assist in the operating room with cases that include, but are not limited to: arthroscopically assisted ACL reconstruction and shoulder rotator cuff repairs, open UCL reconstruction, proximal hamstring repair, partial and total knee robotically assisted Makoplasties, total joint replacement of shoulders and knees. Providing graft harvest preparation for ACL hamstring and BPTB and various closure techniques. Examination and treatment of post-op, pre-op, return and new patients in the clinical setting. Facilitating in the post-operative rounding and discharge process for patients in the inpatient setting.

Orthopaedic Trauma & Joint Surgery

Twin Palm Orthopedics

5/2015-3/2016

Provided care for two busy orthopedic surgeons with trauma call for Ocala Regional Medical Center and West Marion Community Hospital in Ocala, Florida. First call experience and hospital rounding. Arranged pre and post-op surgical orders and booked surgical cases. Clinical experience with post-op visits, new patients and hospital call cases. Arthrocentesis of major and minor joints, intra-articular injections with steroid and Supartz series.

Troy Beaumont Hospital

Orthopaedic & Spine Surgery
3/2015

10/2013-

Post-operative care for orthopedic total joint arthroplasty and spinal patients. Management of pre and post-operative pain, basic medical management and wound care. First assisting in total joint, spinal and ortho-trauma cases. Daily coverage for orthopedic consultations which included ordering diagnostic imaging, labs, splinting and performing joint aspirations and steroid injections.

PRE-PROFESSIONAL WORK EXPERIENCE:

Medical Assistant- Michigan Orthopaedic Institute PC, Southfield Michigan
8/2010 – 7/2011

CERTIFICATIONS:

National Commission on Certification of Physician Assistants- Current
State of Michigan Physician Assistant License- Current
DEA-Current
BLS-Current